

Liam Beville

Professional Speaker Pack

Guinness World Record Holder • Author • Resilience & Inclusion Speaker

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ADI Conference 2025



Competition



Limerick Mayoral Reception



Speaking

“Worthy of a movie.” - Guinness World Records

“a quiet, determined courage that speaks to the very heart of the human spirit.”

- President Michael D. Higgins, Office of the President of Ireland

Speaker Biography

Liam Beville is a Limerick-based powerlifter, Guinness World Record holder, and author marking 40 years in elite competition in 2026 - and still ranked world number one in his age and weight category at 61 years of age. Every record, title, and ranking has been earned in able-bodied competition, despite living with a permanent disability sustained after being hit by a stolen car.

In 1992, his 310 kg deadlift at 75 kg bodyweight equated to 220 Wilks points - the highest Wilks score ever recorded by an Irish lifter in the deadlift, a benchmark that still stands more than three decades later. Liam now channels that four-decade story of resilience, comeback, and sustained excellence into keynote talks for schools, corporates, charities, and sporting organisations across Ireland.

He is Brand Ambassador for Active Disability Ireland and National Judge for the Active Disability Services Awards, and his memoir, *Unbroken - The Liam Beville Story*, documents his journey from serious injury to world record holder.

Keynote Topics

Unbroken: Resilience & Overcoming Adversity

How a life-altering injury became the starting point for a world record. A talk on rebuilding identity, discipline, and purpose after catastrophic setback.

Levelling the Field: Disability Inclusion & Advocacy

What genuine inclusion looks like in sport, the workplace, and community life - drawn from Liam's advocacy work with Active Disability Ireland and his experience competing in able-bodied competition.

Four Decades at the Top: Elite Performance & Longevity

Lessons in sustained excellence from a 40-year competitive career - what it takes to keep performing at a world-class level long after most careers end.

Writing the Record: The Story Behind Unbroken

A behind-the-scenes look at turning a life story into a published memoir - the record-breaking lift, the recovery, and the process of putting it all on the page.

What Attendees Will Learn

- How to reframe setbacks as the starting point for a comeback, not the end of the story.
- Practical habits that sustain high performance and motivation over decades, not just months.
- What genuine, practical disability inclusion looks like in sport, school, and the workplace.
- How discipline, routine, and small consistent choices compound into world-class results.
- How to turn personal adversity into a source of purpose, advocacy, and public voice.

Speaking Engagements

Corporate & Business Events

Keynotes and after-dinner talks on resilience, performance culture, and leadership through adversity - suited to conferences, away days, and leadership summits.

Schools & Universities

Assemblies and student talks on perseverance, self-belief, and overcoming adversity, tailored to secondary school and third-level audiences.

Charities & Disability Organisations

Talks and panel appearances on disability inclusion, advocacy, and lived experience, drawing on Liam's role as Brand Ambassador for Active Disability Ireland.

Sports Clubs & Federations

Talks on elite performance, longevity, and competing at world level, for coaches, athletes, and sporting bodies.

Key Achievements

- Guinness World Record holder - Heaviest conventional deadlift, MP4 disability category (285 kg).
- 310 kg deadlift at 75 kg bodyweight in international competition - Ireland's highest verified Wilks score (220 points), standing since 1992.
- Six simultaneous world records across four weight divisions.
- Ranked #1 in the world for his age, weight, and category.
- Featured in two official Guinness World Records articles (July 2025 and July 2026).
- Letter of recognition and commendation from the President of Ireland (2025).
- Civic Reception, Lord Mayor of Dublin, and Mayoral Reception, Mayor of Limerick (2025).
- Author of Unbroken - The Liam Beville Story - "An excellent read" - Simon Monk, Reach Sport.

Testimonials & Media Quotes

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Booking Information

Liam is available for keynotes, panel appearances, and workshops across Ireland and internationally, in person or virtually. Formats and length are tailored to each event.

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