

LIAM BEVILLE

Author • Guinness World Record Holder • Motivational Speaker • Resilience Expert

087 0964898 | bevilleliam@gmail.com | www.liambeville.com

OFFICE OF THE PRESIDENT OF IRELAND

“a quiet, determined courage that speaks to the very heart of the human spirit”

President Michael D. Higgins - Office of the Secretary General to the President - 30 July 2025

“Worthy of a movie.” - Guinness World Records “An excellent read.” - Simon Monk, Reach Sport

Now featured in two official Guinness World Records articles (2025 & 2026)

#1 Globally World Ranking	40 Years Elite Career	6 Simultaneous World Records	World Record Holder Guinness
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Overview

Liam Beville is a Limerick-based powerlifter marking 40 years in elite competition in 2026 - and remains ranked world number one in his age and weight category at 61 years of age. A proud Soda Cake from Thomondgate, every record, title, and ranking has been earned in able-bodied competition, despite living with a permanent disability.

In 1992, his 310 kg deadlift at 75 kg bodyweight equated to 220 Wilks points - the highest Wilks score ever recorded by an Irish lifter in the deadlift. More than three decades later, that benchmark remains unequalled. The belt worn for that historic lift is permanently exhibited in The People's Museum of Limerick.

Athletic Achievements

- Guinness World Record - 285 kg conventional deadlift (MP4 category)
- 310 kg deadlift at 75 kg bodyweight (IPF international competition)
- Six simultaneous world records across four weight divisions
- Multiple 'Best Lifter' awards in able-bodied competition
- Ireland's highest verified Wilks score - 220 points (1992), standing 34 years

Honours & Recognition

- Letter of Recognition & Commendation - President of Ireland (2025)
- Civic Reception - Lord Mayor of Dublin (2025)
- Mayoral Reception - Mayor of Limerick (2025)
- Powerlifting Coordinator - Special Olympics World Games 2003
- Brand Ambassador - Active Disability Ireland (2025-present)
- National Judge - Active Disability Services Awards (2026)

Author & Media

Unbroken - The Liam Beville Story is a narrative memoir documenting how a permanently disabled Irish powerlifter competed exclusively in able-bodied sport, set a Guinness World Record, and held six world records across four weight divisions. Shortlisted to the final 100 from over 4,000 applicants for a major television production.

- Featured in two official Guinness World Records articles: *“Man who had to learn to walk again after being hit by stolen car breaks deadlift record”* (July 2025) and *“Powerlifter who fought back from disability pens inspiring memoir about record journey”* (July 2026)
- Full media assets: www.liambeville.com