

Liam Beville | Phone: 087 0964898 | Web: www.liambeville.com | Email: bevilleliam@gmail.com

Author • Guinness World Record Holder • Motivational Speaker • Resilience Expert

"An excellent read." - Simon Monk, Reach Sport

"Worthy of a movie." - Guinness World Records



Overview

Liam Beville is a Limerick-based powerlifter marking 40 years in the competitive sport in 2026 - and remains ranked world number one in his age and weight category at 60 years of age. What sets him apart is that every record, title, and ranking was earned in able-bodied competition - despite living with a permanent disability.

In 1992, his 310 kg conventional deadlift at 75 kg bodyweight in IPF international competition equated to 220 Wilks points - the highest Wilks score ever recorded by an Irish lifter for the deadlift. More than three decades later, that performance remains the benchmark for pound-for-pound deadlifting in Ireland.

His career represents sustained elite performance across four decades, defined not by participation, but by continued world-level ranking and record-setting achievement.

Achievements

- Six simultaneous world records across four weight divisions
- Guinness World Record holder - Heaviest conventional deadlift in MP4 category (285kg), achieved without straps or hitching.
- 310 kg deadlift at 75 kg bodyweight in international competition
- Ranked #1 in the world for age, weight, and category
- Multiple 'Best Lifter' awards against younger and heavier athletes
- Holds Ireland's highest verified Wilks score in the deadlift (220 points), a benchmark standing for over 34 years.

Leadership & Sporting Infrastructure

- Powerlifting Coordinator - 2002 National Special Olympics (designed and delivered as a strategic precursor to the 2003 World Games)

- Powerlifting Coordinator - 2003 Special Olympics World Games (first Games held outside the United States)
- Hosted international delegations in 2002 to demonstrate Ireland's capability to stage elite competition, as Ireland did not have a formal Special Olympics powerlifting team at the time

Historic Milestone

In 1992, weighing 75 kg, Liam deadlifted 310 kg in IPF international competition - matching the legendary Ed Coan at that bodyweight. The lift equated to 220 Wilks points, the highest Wilks score ever achieved by an Irish lifter in the deadlift.

That performance remains unequalled in Irish able-bodied competition at 75 kg and continues to stand as Ireland's definitive pound-for-pound deadlift benchmark more than three decades later.

The weightlifting belt worn for that historic lift is now permanently exhibited in The People's Museum of Limerick, marking its place in the city's sporting history.

Author of ***Unbroken - The Liam Beville Story***, a narrative memoir documenting how a permanently disabled Irish powerlifter competed exclusively in able-bodied sport, established Ireland's highest Wilks-scored deadlift, set a Guinness World Record, and held six world records across four weight divisions. The book examines resilience, longevity, and sustained excellence in elite competition.

Honours & Recognition

- Letter of recognition and commendation from the President of Ireland (2025)
- Civic Reception hosted by the Lord Mayor of Dublin (October 2025)
- Mayoral Reception by the Mayor of Limerick (September 2025)
- Brand Ambassador, Disability Inclusion Ireland (appointed 2025)
- Speaker - International Day of Persons with Disabilities (December 3rd 2025) - Shared the stage with Minister of Sport Charlie McConalogue

Media & Publicity

- Featured in Guinness World Records official article (2025)
- Full list of interviews and podcasts available at www.liambeville.com
- Broad appeal through international media, disability inclusion networks, and sports press
- Strong visual assets: lifting photography, competition footage, and press features
- Multi-platform reach: podcasts, keynote speaking, and inclusion advocacy
- Shortlisted to the final 100 from over 4,000 applicants for a major television production, selected on individual character and narrative strength.

Liam Beville: Fast Facts

Athletic benchmarks

- **Guinness World Record:** Heaviest conventional deadlift (285 kg).
- Career Best Lift: **310 kg deadlift at 75 kg bodyweight** (International competition).
- **World Ranking:** **#1** in the world for age, weight, and category.
- World Records: **6 simultaneous world records** across **4 weight divisions**.
- Historic Status: **Highest Wilks-scored deadlift** (220 points) in Irish powerlifting history since 1992.

Recognitions

- Presidential: **Letter of recognition** and commendation from the **President of Ireland** (2025).
- Civic Honours: Formal **Civic reception** by the Lord Mayor of Dublin and **Mayoral reception** by Mayor of Limerick (2025).
- Advocacy: **Brand Ambassador** for Disability Inclusion Ireland.
- Cultural: Historic weightlifting belt permanently **exhibited** in The **People's Museum of Limerick**.

Literary & Media

- Book Title: **Unbroken – The Liam Beville Story** "*An excellent read.*" - *Simon Monk, Reach Sport*
- Key Themes: Resilience, overcoming permanent disability, and high performance in able-bodied competition.
- Media Reach: **Featured in official Guinness World Records** (2025); "*Worthy of a movie.*" - *Guinness World Records*
- **Screen Presence:** Shortlisted to the final 100 from over 4,000 applicants for a major television production, selected on individual character and narrative strength.
- Global Events: **Powerlifting Coordinator** for the **2003 Special Olympics World Games** (the first held outside the U.S.).

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 **Active Disability Ireland is at The Johnstown Estate.** 5 Dec 2025 · 🌐

Sport Ireland's Ger McTavish and AsIAM Founder & CEO Adam Harris joined Minister McConalogue to discuss the national commitment to driving inclusion, empowering people with disabilities to lead active lifestyles and the importance of visibility and representation; through initiatives such as National Disability in Sport Week.

Ambassador Liam Beville joined Joanne onstage to share a personal story of resilience, competing in mainstream sport as a person with a disability.

#LeadWithInclusion #CelebratingAbility



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